At McAlister’s, great food is a labor of love and we love sharing it with our friends. We’re proud to offer real, handcrafted food made from wholesome ingredients and our freshly brewed, Famous Sweet Tea. Our menu has something for everyone. Every sandwich, salad, spud and beverage is made special just for you, just the way you want it. We always want to provide that little something extra—a warm greeting and a smile, cookies right out of the oven, a second, third, tenth refill, extra pickles...you get the idea. We welcome everyone and offer a table where you can sit, chat and settle in for a while. We are McAlister’s, but this is your place, too.
SALADS

Available in Whole or Choose 2. Whole salads served with a pickle (adds 0 calories) and choice of side (adds 0-310 calories). Add BACON (adds 50/25 calories) or AVOCADO (adds 80/40 calories) to any salad.

Dressings

SAVANNAH CHOPPED

Grilled chicken, black-eyed peas, pomegranate, brown rice, toasted almonds, tomatoes, and mixed greens

GRILLED CHICKEN SALAD

Grilled chicken breast, bacon, cheddar-jack, tomatoes, cucumbers, and mixed greens

SOUTHWEST COBB

Grilled chicken, black-eyed peas, and pomegranate relish, cedar plank tomatoes, black beans, corn, and mixed greens

ITALIAN CHOPPED SALAD

Ham, salami, black olives, house-made multicolored peppers, provolone, tomatoes, cucumbers, and mixed greens

CHEF SALAD

Sliced turkey and ham, bacon, cheddar-jack, tomatoes, cucumbers, and mixed greens

The McAlister’s Clubs

Smoked turkey, Black Forest ham, bacon, shredded cheese, tomatoes, lettuce, and thousand island dressing with 9-Grain

McAlister’s Club Wrap

Smoked turkey, Black Forest ham, bacon, shredded cheese, tomatoes, lettuce, and thousand island dressing with whole wheat

Turkey Club

Turkey, bacon, pepper jack, guacamole, and chipotle ranch

Southwest Turkey Melt

Turkey, bacon, pepper jack, guacamole, chipotle ranch and served on 9-Grain

Turkey Cobb

Turkey, bacon, pepper jack, guacamole, chipotle ranch, and served on a baguette

Smokin’ Pepper Jack Turkey

Turkey, bacon, pepper jack and mixed greens

Turkey Fresh Turkey

Turkey, lettuce, tomato, red onion, and 9-Grain

Smoky Pepper Jack Turkey

Turkey, bacon, pepper jack and mixed greens

Turkey Cobb

Turkey, bacon, pepper jack, and mixed greens

Sides

Spud Chips 120 calories • Potato Salad 250 calories • Fresh Fruit 250 calories • Steamed Broccoli 90 calories • Apple Salad 100 calories • Cole Slaw 120 calories • Mashed Potatoes & Gravy 250 calories • Mac & Cheese 220 calories

Choose 2:

Spud Chips, Potato Salad, Fresh Fruit, Steamed Broccoli, Apple Salad, Cole Slaw, Mashed Potatoes & Gravy, Mac & Cheese

12 and under

Pick Your Entree

Roll-Ups

Choice of Protein: Turkey (310 cal), Ham (310 cal), Black Forest Ham (330 cal)
Dipping sauce: Ranch (adds 290 cal), Thousand Island (adds 240 cal)

Substitute a Cup of Soup (40-360 cal)

TOASTED CHEESE (450 cal) • French Bread Pizza (470 cal) • Chicken & Broccoli Bowl (330 cal)

TOASTED CHEESE (450 cal) • French Bread Pizza (470 cal) • Chicken & Broccoli Bowl (330 cal)

Children’s Meals

Lemonade Tea (200 calories)

Gallons 10-60

With “The Works”

Add cup, lemonade, and strawberries

Coffee (120 calories)

House-Baked Cookies (240 calories)

Brownies (240 calories)

New York Cheesecake (160 calories)

Beverages

Pure Cane Sugar Lemonade (130 calories)

Add a flavor of real fruit purée (40-60 calories)

Peach

Strawberry

Black Cherry

Peach Lemonade (130 calories)

Strawberry Lemonade (130 calories)

Black Cherry Lemonade (130 calories)

Cup of Ice

Half Sherbet

Half Sandwich

Half Spud

Drinks

Fountain Drinks • bottled water • coffee • tea • lemonade

Fruit Juice (10 oz.)

Tangerine

Apple Juice

Lemonade (120 calories)

Macaroni & Cheese (160 calories)

Kids Meals

Add a drink

Kids’ Menu

Ultimate Nachos

Nacho Basket

To-Go & Share

Kids’ Menu

Premium Entrée

Golden Braid (11 oz.)

Big & Bold

The New Yorker

10 oz. of certified beef patty and”

Spun & Tasty Brown Turkey on marble rye

Mmmph...

Smoked turkey, Black Forest ham and Black Angus roast beef, provolone, spring mix, tomatoes, and spicy brown mustard served on a baguette

The Big Nasty*

1/2 pounds of Black Angus roast beef, grey and cheddar-jack, served open-faced on a baguette

SANDWICHES

The McAlister’s Famous Tea (Cookies or1/2 Share)

Adding a flavor of real fruit purée (40-60 calories)

Vegetarian

The Veggie

SALADS

Bacon & Ham

Ham & Cheese Toastie

Turkey (280 cal), Ham (310 cal) or Chicken (310 cal)

Swedish Meatloaf Wrap

Chili, Black Angus roast beef, bacon, mixed greens, nacho cheese, and thousand island dressing served on a 9-Grain

Smoked Turkey Club

Smoked turkey, Black Forest ham, bacon, shredded cheese, thousand island dressing, grilled on ciabatta

The McAlister’s Club

Smoked turkey, Black Forest ham, bacon, shredded cheese, thousand island dressing, grilled on ciabatta

Ham & Turkey Club

Black Angus Club

Black Angus roast beef, bacon, cheddar-jack, tomatoes, and mixed greens

Harvest Turkey Club

Turkey, lettuce, tomato, red onion, and 9-Grain

California Turkey Reuben

Turkey, Russian dressing, Swiss and Thousand Island on toasted rye

Sliced turkey and ham, bacon, cheddar-jack, tomatoes, and mixed greens

2,000 calories a day is used for general nutrition advice. Calories needs vary. Additional information available area upon request.