

McALISTER'S NEAR YOU:

Nice to meet you.

At McAlister's, great food is a labor of love and we love sharing it with our friends. We're proud to offer real, handcrafted food made from wholesome ingredients and our freshly brewed, Famous Sweet Tea. Our menu has something for everyone. Every sandwich, salad, spud and beverage is made special just for you, just the way you want it.

We always want to provide that little something extra—a warm greeting and a smile, cookies right out of the oven, a second, third, tenth refill, extra pickles...you get the idea. We welcome everyone and offer a table where you can sit, chat and settle in for a while. We are McAlister's, but this is your place, too.



LET'S STAY CONNECTED



Catering

We believe in the unfailing promise of great food bringing people together. We bring our best to whatever event you're hosting. You can count on us for everything from setup to the smallest details.

www.mcalistersdeli.com/catering

GREAT FOOD
brings us together



McALISTER'S
DELI

GREAT FOOD BRINGS US TOGETHER

Crafted
SANDWICHES



Fresh **SALADS**

Giant **SPUDS**



Hearty **SOUPS**

Famous
SWEET TEA



House-baked
COOKIES

AND SO MUCH MORE

MCA⁸

ON THE Go?

ORDER WITH THE McALISTER'S APP
OR AT Mcalistersdeli.com



SALADS



Available in **Whole** or **Choose 2**.

Add **AVOCADO** (adds 80/40 calories) to any salad
Try any salad with Spinach! (adds 0 calories)

SAVANNAH CHOPPED

Grilled chicken, dried cranberries, Gorgonzola, honey roasted almonds, tomatoes and cucumbers on a bed of mixed greens (480 Cal/230 Cal)

GRILLED CHICKEN SALAD

Grilled chicken breast, bacon, cheddar-jack, tomatoes, cucumbers, croutons and mixed greens (490 Cal/250 Cal)

SOUTHWEST COBB

Grilled chicken, fire-roasted corn & poblano pepper relish, guacamole, cheddar-jack, tomatoes, mixed greens and tortilla chips • (570 Cal/300 Cal)

ITALIAN CHOPPED SALAD

Ham, salami, black olives, house roasted multicolored peppers, provolone, red onions, cucumbers and tomatoes, on a bed of mixed greens • (570 Cal/280 Cal)

CHEF SALAD

Sliced turkey and ham, bacon, cheddar-jack, tomatoes, cucumbers, croutons and fresh mixed greens (480 Cal/240 Cal)

TACO SALAD

Chili, tortilla chips, cheddar-jack, jalapeños, red onions, tomatoes, guacamole, sour cream and fresh mixed greens • (940 Cal/460 Cal)

GARDEN SALAD

Mixed greens, cheddar-jack, tomatoes, cucumbers and croutons (310 Cal/150 Cal)

HARVEST CHICKEN SALAD*

(870 Cal/430 Cal)

*This product contains pecans

TUNA SALAD

(630 Cal/310 Cal)

CAESAR

Crisp romaine lettuce, Parmesan cheese, croutons and Caesar Dressing. (730 Cal/460 Cal)

ADD GRILLED CHICKEN (870 Cal/530 Cal)

Dressings

All dressings served on the side except Caesar Salads. **Whole/Choose 2** cal.
McALISTER'S HONEY MUSTARD™ (390 Cal/260 Cal), SHERRY SHALLOT (450 Cal/300 Cal), RANCH (300 Cal/200 Cal), CHIPOTLE RANCH (420 Cal/280 Cal), CAESAR (570 Cal/380 Cal), THOUSAND ISLAND (330 Cal/220 Cal), LITE ITALIAN (70 Cal/45 Cal), OLIVE OIL & BALSAMIC VINAIGRETTE (210 Cal/140 Cal), FAT-FREE CHIPOTLE PEACH (180 Cal/120 Cal) AND BLEU CHEESE (450 Cal/300 Cal)

SPUDS

Available in **Whole** or **Choose 2**.

JUSTASPUD

With sour cream on the side (690 Cal/370 Cal)

ADD BACON (140 Cal)

ADD CHEDDAR-JACK (220 Cal)

BLACK ANGUS ROAST BEEF SPUD

With caramelized onions, cheddar-jack and au jus (990 Cal/470 Cal)

SPUD MAX™

Ham, turkey, bacon, cheddar-jack, green onions, black olives and sour cream (1030 Cal/540 Cal)

GRILLED CHICKEN SPUD

With green onions, tomatoes and cheddar-jack (980 Cal/460 Cal)

SPUD OLE™

Covered with chili, cheddar-jack and jalapeños (1010 Cal/530 Cal)

VEGGIE SPUD

With spinach, broccoli, red onions, house roasted multicolored peppers and RO*TEL® cheese sauce (890 Cal/470 Cal)

RO*TEL®, CHILI OR GRAVY • (60-360 Cal)
RANCH OR BLEU CHEESE • (300/450 Cal)

Spud Extras

P PREMIUM ENTRÉE
As a Choose Two option



WITH SPINACH ON 9-GRAIN BREAD

GLUTEN-SENSITIVE VEGETARIAN

2,000 calories a day is used for general nutrition advice, but calories needs vary. Additional information available upon request.

SANDWICHES

Available in **Whole** or **Choose 2**. Whole sandwiches served with a pickle (adds 0 calories) and choice of side (adds 50-310 calories). Add **BACON** (adds 50/25 calories) or **AVOCADO** (adds 80/40 calories) to any sandwich

CLUBS

THE McALISTER'S CLUB

Smoked turkey, Black Forest ham, bacon, sharp cheddar, Swiss, spring mix, tomatoes, mayo and McAlister's Honey Mustard™ on wheat (810 Cal/410 Cal)

McALISTER'S CLUB WRAP

In a wheat wrap (770 Cal/390 Cal)

GRILLED CHICKEN CLUB

McAlister's Club with grilled chicken in place of ham and turkey (830 Cal/410 Cal)

KING CLUB

Twice the ingredients of the McAlister's Club, on country white (1060 Cal/530 Cal)

ORANGE CRANBERRY CLUB

The McAlister's Club with Orange Cranberry sauce in place of honey mustard (760 Cal/380 Cal)

BLACK ANGUS CLUB

Black Angus roast beef, bacon, sharp cheddar, Swiss, red onions, spring mix, tomatoes, horseradish sauce and mayo on wheat (840 Cal/410 Cal)

TURKEY

GARDEN FRESH TURKEY

With avocado, spinach, tomatoes and Swiss, seasoned with salt & pepper and olive oil vinaigrette, served on 9-Grain (820 Cal/410 Cal)

SMOKY PEPPER JACK TURKEY

Turkey, bacon, pepper jack and McAlister's Honey Mustard™, grilled on ciabatta (780 Cal/390 Cal)

CALIFORNIA TURKEY REUBEN

Turkey, coleslaw, Swiss and Thousand Island on marbled rye (950 Cal/580 Cal)

TURKEY COBB

Turkey, bacon, Gorgonzola, guacamole, spring mix, tomatoes, mayo and ranch on 9-Grain • (750 Cal/370 Cal)

SOUTHWEST TURKEY MELT

Turkey, bacon, pepper jack, guacamole, chipotle ranch, spring mix and tomatoes on a baguette • 690 Cal/380 Cal

SIDES

SPUD CHIPS (220 Cal) • POTATO SALAD (250 Cal)

FRESH FRUIT (70 Cal) • STEAMED BROCCOLI (80 Cal)

APPLESAUCE (50 Cal) • COLESLAW (220 Cal)

MASHED POTATOES & GRAVY (160 Cal) • MAC & CHEESE (220 Cal)

SUBSTITUTE A CUP OF SOUP (60-360 Cal) OR SIDE SALAD (150-460 Cal)

SOUPS CUP • (60-360 Cal) BOWL • (90-540 Cal)

ADD BREAD BOWL • (adds 500 Cal)

TO SHARE NACHO BASKET

RO*TEL® cheese dip, sliced jalapeños and tortilla chips (1560 Cal/500 Cal)

ULTIMATE NACHOS

Chili, RO*TEL®, cheddar-jack, tomatoes, black olives, jalapeños, green onions, guacamole and sour cream on a bed of tortilla chips (1210 Cal/640 Cal)

ROAST BEEF

HORSERADISH ROAST BEEF & CHEDDAR

Black Angus roast beef, sharp cheddar, caramelized onions and horseradish sauce, grilled on ciabatta • (680 Cal/340 Cal)

FRENCH DIP

Black Angus roast beef and melted Swiss on a toasted baguette, served au jus (520 Cal/330 Cal)

CHICKEN

SPICY SOUTHWEST CHICKEN

Grilled chicken, guacamole, pepper jack, fire-roasted corn & poblano pepper relish and chipotle ranch, grilled on ciabatta (880 Cal/440 Cal)

HARVEST CHICKEN SALAD*

With spring mix and tomatoes on croissant (730 Cal/370 Cal)

*This product contains pecans

OR TUNA SALAD

(590 Cal/300 Cal)

GRILLED CHICKEN CAESAR WRAP

With Romaine, Parmesan and Caesar dressing (850 Cal/620 Cal)

SWEET CHIPOTLE CHICKEN

Grilled chicken, sharp cheddar and spicy sweet chipotle peach sauce, grilled on ciabatta (630 Cal/310 Cal)

GRILLED CHICKEN

With spring mix, tomatoes, Swiss and McAlister's Honey Mustard™ on croissant (610 Cal/310 Cal)

BACON OR HAM

BLT+A

Applewood smoked bacon, spring mix, tomatoes and avocado, with salt & pepper and herb mayo on country white • (770 Cal/390 Cal)

HAM & CHEESE TOASTIE

Black Forest ham, Swiss, dijonnaise, tomatoes and dill pickle slices, grilled on ciabatta (700 Cal/350 Cal)

VEGETARIAN

FOUR CHEESE GRILLER

Provolone, Swiss, American, Parmesan and fresh tomato slices, grilled on ciabatta (760 Cal/380 Cal)

THE VEGGIE

Spinach, tomatoes, crisp cucumbers, balsamic red onions, house roasted multicolored peppers, avocado and herb mayo, seasoned with salt & pepper on 9-Grain • (700 Cal/350 Cal)

OR TRY IT AS A WRAP!
(650 Cal/320 Cal)

KIDS MENU

12 and under

1. PICK YOUR ENTRÉE

ROLL-UPS

Choice of protein:
Turkey (280 cal), Ham (310 cal) or Chicken (310 cal)
Dipping sauce: Ranch (adds 200 cal) or Honey Mustard (adds 260 cal)

TOASTED CHEESE (450 Cal)

FRENCH BREAD PIZZA (470 Cal)

CHICKEN & BROCCOLI BOWL (230 Cal)

MAC & CHEESE (350 Cal)

KIDS SPUD (330 Cal)

Choice of cheese (adds 110 cal), bacon (adds 70 cal), land sour cream (adds 40 cal).

KIDS MCA89 SALAD (150 Cal)

Choice of dressing and protein:
Turkey (230 cal), Ham (230 cal) or Chicken (230 cal)

2. PICK YOUR SIDE See SIDES section for choices

3. ADD A DRINK

McALISTER'S TEA (80/0 Cal)

LEMONADE (120 Cal)

FOUNTAIN DRINKS (0-90 Cal)

ORGANIC MILK (110 Cal)

ORGANIC APPLE JUICE (40 Cal)

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children ages 9 to 13 years, but calorie needs vary.

BIG & BOLD

REUBEN

8 oz. of corned beef, sauerkraut, Swiss and Thousand Island dressing on marbled rye (900 Cal/560 Cal)

THE ITALIAN

Black Forest ham, salami, provolone, house roasted multicolored peppers, spring mix, tomatoes, red onions, black olives, Italian Vinaigrette and spicy brown mustard on a baguette • (760 Cal/420 Cal)

THE BIG NASTY

1/2 pound of Black Angus roast beef, gravy and cheddar-jack, served open-faced on a baguette (740 Cal/350 Cal)

THE NEW YORKER

10 oz. of corned beef and pastrami, Swiss and spicy brown mustard on marbled rye • (750 Cal/410 Cal)

MEMPHIAN

Smoked turkey, Black Forest ham and Black Angus roast beef, provolone, spring mix, tomatoes, mayo and spicy brown mustard on a baguette (640 Cal/350 Cal)



For PREMIUM ENTRÉES

CUP OF SOUP HALF SHAREABLE



HALF SANDWICH HALF SALAD HALF SPUD

BEVERAGES

McALISTER'S FAMOUS TEA {SWEET OR UNSWEET} (150/0 Cal)

PURE CANE SUGAR LEMONADE (250 Cal)

LEMONADE TEA (220/120 Cal)

GALLONS TO-GO (0-250 Cal)

WITH "THE WORKS"
Add cups, sweeteners, lemons and straws

ADD A flavor!
OF REAL FRUIT PURÉE (adds 40 Cal)

PEACH
STRAWBERRY
BLACK CHERRY

FOUNTAIN DRINKS • (0-190 Cal)

BOTTLED WATER • (0 Cal)

COFFEE • (0-5 Cal)

DESSERTS

HOUSE-BAKED COOKIES • (370-410 Cal)

BROWNIES • (420 Cal)

NEW YORK CHEESECAKE • (910 Cal)
WITH FRUIT PURÉE • (adds 40 Cal)

COLOSSAL CARROT CAKE • (1130 Cal)

CHOCOLATE LOVIN' SPOONCAKE • (680 Cal)

MARSHMALLOW CRISPY BAR • (430 Cal)

