#### MCALISTER'S LOCATIONS NEAR YOU:

# Mice to meet you.

At McAlister's, our food is a labor of love—and we love sharing it with our friends. We're proud to offer real, handcrafted food made from wholesome ingredients and our freshly brewed Famous Sweet Tea. Our menu has something for everyone. Every sandwich, salad, spud and beverage is made-to-order just for you, just the way you want it.

> We always provide that little something extra a warm greeting and a smile, cookies right out of the oven, a second, third, fourth refill, extra lemons...you get the idea. We welcome everyone and offer a table where you can sit, chat and settle in for a while.

> > We are McAlister's, but this is your place too.

МСД



Griendly faces.

MCALISTER'S



Handerafted SANDWICHES

Fresh SALADS

Giant SPUDS

Hearty SOUPS

Famous SWEET TEA

House-baked

AND SO MUCH MORE

On the go?

ORDER WITH THE MCALISTER'S APP OR AT MCALISTERSDELI.COM



#### CATERING

We bring our best to any special event you're hosting. You can count on us for everything—from setup to the smallest details, we've got you covered.

#### MCALISTERSDELI.COM

LET'S STAY CONNECTED







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HALF SANDWICH HALF SALAD HALF SPUD **CUP OF SOUP** 

PREMIUM ENTRÉE

# SALADS

Salads are served on mixed greens. Try any salad with FRESH SPINACH (O cal). Add AVOCADO (80/40 cal)

### SAVANNAH CHOPPED SALAD

Seasoned grilled chicken, dried cranberries, Gorgonzola, honey roasted almonds, tomato and cucumber on mixed greens. Try it with Sherry Shallot dressing Signature (470/230 cal) Item -

#### CHEF SALAD

Diced Turkey and ham, bacon, cheddar-jack, tomato, croutons and cucumber on mixed greens [490/250 cal]

#### SOUTHWEST CHICKEN & AVOCADO SALAD @

Seasoned grilled chicken, roasted corn, poblano and black bean relish, red onions. tomato, cheddar-jack, blue corn tortilla strips, avocado on mixed greens. Try it with Chili Lime Vinaigrette [630/310 cal]

#### CAESAR SALAD

Parmesan, croutons and Caesar dressing on romaine lettuce (710/440 cal)

ADD GRILLED CHICKEN (850/510 cal)

### GRILLED CHICKEN SALAD

Seasoned grilled chicken, bacon, cheddar-jack, tomato, cucumber and croutons on mixed greens (520/260 cal)

#### GARDEN SALAD

Cheddar-jack, tomato, cucumber and croutons on mixed greens (310/150 cal)

#### PECANBERRY SALAD @

Seasoned grilled chicken, fresh strawberries and blueberries, and candied pecans on mixed greens. Try it with Fat Free Raspberry Pecan Vinaigrette (380/190 cal)

Fan Favorite

### **DRESSINGS**

Dressings served on the side except Caesar. MCALISTER'S HONEY MUSTARD™ (390/260 cal) SHERRY SHALLOT (450/300 cal)

RANCH (300/200 cal) CHIPOTLE RANCH [420/280 cal] CAESAR (510/340 cal)

THOUSAND ISLAND (390/260 cal) OLIVE OIL & BALSAMIC VINAIGRETTE (210/140 cal)

CHILI LIME VINAIGRETTE (240/160 cal) FAT-FREE RASPBERRY PECAN VINAIGRETTE (130/90 cal)

## HAREABLES

### NACHO BASKET

Cheese dip, jalapeños and tortilla chips (1,360/830 cal)

### **ULTIMATE NACHOS**

Chili, cheese dip, cheddar-jack, tomato. black olives, jalapeños, green onion, avocado and sour cream on tortilla

[1.220/610 cal]

### Sandwiches served with choice of side [50-310 cal), Add BACON [70/35 cal], AVOCADO [80/40 cal] or EXTRA CHEESE [30-80 cal]

#### THE MCALISTER'S CLUB

Smoked turkey, Black Forest ham, bacon, sharp cheddar, Swiss, spring mix, tomato. mayo and McAlister's Honey Mustard™ on wheat (870/430 cal)

#### KING CLUB @

**CLUBS** 

Twice the ingredients of the McAlister's Club on country white (1,300/650 cal)

#### THE MCALISTER'S **CLUB WRAP**

All the flavor of the McAlister's Club in a wheat wrap (830/410 cal)

#### GRILLED CHICKEN CLUB

McAlister's Club with seasoned grilled chicken in place of ham and turkey

Club (890/450 cal) King [1.350 cal]

### BLACK ANGUS CLUB @

Black Angus roast beef, bacon, sharp cheddar, Swiss, red onions, spring mix, tomato, horseradish sauce and mayo on wheat

Club (940/470 cal) King (1,440 cal)



### **GRILLED CHICKEN** CAESAR WRAP

**FAVORITES** 

**FRESH** 

Seasoned grilled chicken, Romaine, Parmesan and Caesar dressing in a wheat wrap [840/420 cal]

#### **GARDEN FRESH TURKEY**

Smoked turkey, avocado, spinach, tomato, Swiss, salt, pepper and olive oil & balsamic vinaigrette on 9-grain (720/360 cal)

#### BLT+A P

Applewood smoked bacon, spring mix, tomato, avocado, salt, pepper and herb mayo on country white (970/490 cal)

#### THE VEGGIE

Spinach, tomato, cucumber, red onions, house-roasted multicolored peppers, avocado, herb mayo, salt and pepper on 9-grain (700/350 cal)

#### BIG & BOLD

#### MEMPHIAN® P

Smoked turkey, Black Forest ham, Black Angus roast beef, provolone, spring mix, tomato, mayo and spicy brown mustard on toasted baquette

6-Inch (650/360 cal) 12-Inch (1.310 cal)

#### THE ITALIAN P

Black Forest ham, salami, provolone, house-roasted multicolored peppers, spring mix, tomato, red onions, black olives, olive oil & balsamic vinaigrette and spicy brown mustard on toasted baquette

6-Inch (790/430 cal) 12-Inch (1,570 cal)

#### FRENCH DIP @

Black Angus roast beef and melted Swiss on toasted baguette, served au jus 6-Inch (660/440 cal)

12-Inch (1,310 cal)

#### THE NEW YORKER @

Corned beef, pastrami, Swiss and spicy brown mustard on marbled rye (800/440 cal)

### REUBEN @

Corned beef, sauerkraut, Swiss and Thousand Island dressing on marbled rye (990/490 cal)

ADD CHEDDAR-JACK (220 cal) ADD BACON (70 cal)

### SPUD MAX™ \$

green onions, black olives and sour cream Signature (1,060/530 cal)

## Item .

Black Angus roast beef, red onions, cheddar-jack, served au jus (1,050/530 cal)

## & BACON SPUD @

Seasoned grilled chicken, bacon, cheddar-jack, chipotle ranch and green onions

(1,220/610 cal)

#### **VEGGIE SPUD** #

house-roasted multicolored peppers. and cheese dip

#### EXTRAS

CHEESE DIP (210 cal) CHILI (250 cal)

### **SAVORY & SPICY**

#### SWEET & SMOKY CHICKEN

Seasoned grilled chicken, sharp cheddar, and sweet & smoky barbecue sauce on toasted ciabatta (700/350 cal)

#### **JALAPENO** TURKEY CRUNCH @

Smoked turkey, jalapeño kettle chips, bacon, pepper jack, avocado and mayo on jalapeño roll (1,050/530 cal)

#### SPICY TURKEY MELT

Smoked turkey, bacon, pepper jack, avocado, chipotle ranch, spring mix and tomato on toasted baquette

6-Inch (800/430 cal) 12-Inch (1.590 cal)

#### SPICY SOUTHWEST CHICKEN 9

Seasoned grilled chicken, roasted corn, poblano and black bean relish, pepper jack, avocado and chipotle ranch on toasted ialapeño roll (900/450 cal)

#### **SMOKY PEPPER** JACK TURKEY

Smoked turkey, bacon, pepper jack and McAlister's Honey Mustard™ on toasted ciabatta

(860/430 cal)

## SOUPS

BOWL (90-550 cal)

HOUSE-BAKED COOKIE (340-370 cal)

(480 cal) BROWNIE

## CRAVEABLE

#### HAM & CHEESE MELT

Black Forest ham, Swiss, mayo, spicy

(640/350 cal)

[620/310 cal]

#### FOUR CHEESE MELT

Provolone, Swiss, American, Parmesan and tomato on toasted ciabatta (810/410 cal)

#### **HARVEST** CHICKEN SALAD

Chicken salad with cranberries and pecans, spring mix and tomato on croissant

(690/340 cal) \*This product contains pecans.

### HORSERADISH ROAST BEEF & CHEDDAR

red onions and horseradish sauce on toasted ciabatta

(740/370 cal)

## CLASSICS

brown mustard and tomato on toasted ciabatta

#### **GRILLED CHICKEN**

With spring mix, tomato, Swiss and McAlister's Honey Mustard™ on croissant

Black Angus roast beef, sharp cheddar,

#### **DINE IN OR TAKE OUT** ENTREES

and under.

KIDS TOASTIE (340-430 cal) Choice of cheese, ham or turkey

Kids meal comes with a side and a mini

chocolate chip cookie (**90** cal). Age 12

KIDS SPUD (320 cal)

KIDS PIZZA (390 cal)

UNCRUSTABLES® PB&J (300 cal)

MAC & CHEESE (360 cal)

KIDS GARDEN SALAD (150-230 cal) Choice of dressing and protein: turkey, ham or chicken

KIDS PRETZEL DOGS (340 cal)

#### SIDES

SPUD CHIPS (220 cal) MAC & CHEESE

(**230** cal) FRESH FRUIT

#### (**60** cal) BEVERAGES

TEA (SWEET OR UNSWEET) (0-60 cal)

LEMONADE (90 cal) MILK (110 cal)

ADD FLAVOR

REAL FRUIT PURÉE

APPLE JUICE (40 cal) FOUNTAIN DRINK (0-70 cal)

1,200-1,400 calories a day is general nutrition advice for children ages 4-8 years and 1,400-2,000 calories a day for children ages 9-13 years, but calorie needs vary.

## BEVERA

MCALISTER'S FAMOUS TEA (SWEET OR UNSWEET) (**0-150** cal)

**PURE CANE SUGAR** LEMONADE (250 cal)

LEMONADE TEA (SWEET OR UNSWEET) **FOUNTAIN DRINKS** (0-190 cal)

COFFEE

(0-5 cal)

(40 cal)

PEACH

STRAWBERRY

**BLACK CHERRY** 

OTHERS

(120-200 cal)

#### **VEGETARIAN**

**GLUTEN-SENSITIVE\*** Made with gluten-free

(GF) ingredients.

Included with whole sandwich

SPUD CHIPS (220 cal) POTATO SALAD (250 cal)

STEAMED BROCCOLI (100 cal) TOMATO & CUCUMBER SALAD

MAC & CHEESE [230 cal] FRESH FRUIT

(60 cal) CUP OF SOUP (60-420 cal)

(70 cal)

SIDE SALAD (150-440 cal)

## SPUDS

JUSTASPUD® # (710/360 cal)

Ham, turkey, bacon, cheddar-jack,

### **BLACK ANGUS** ROAST BEEF SPUD P

## CHIPOTLE CHICKEN

Spinach, broccoli, red onions,

(920/460 cal)

RANCH DRESSING (300 cal)

## CUP (60-420 cal)

## DESSERTS

**BROOKIE** 

(430 cal) COLOSSAL CARROT CAKE

(1,170 cal)

MAKE IT A KING

Twice the ingredients of your Club on country white

Calories are listed in Whole/Choose 2 serving sizes. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information available upon request. \*Our store is not a GF environment, and we are unable to certify that any item is GF. Rev. 08/2022

PREMIUM ENTRÉE